



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	
<b>Grilled Chicken Breast on WW Bun(34)</b> Baked Beans(39) Diced Peaches(14) 1% White or FF Flavored Milk(19)	<b>Salisbury Steak w/ WG Dinner Roll(22)</b> Baked Green Beans(6) Blueberries & 100% Juice (20) 1% White or FF Flavored Milk(19)	<b>Turkey Chorizo Street Taco w/ WG Mini Flatbread(30)</b> Corn Obrien(24) Fresh Banana(23) 1% White or FF Flavored Milk(19)	<b>Baked Mostaccioli w/ WW Dinner Roll(39)</b> Romaine w/ Dressing(1) Diced Peaches(14) 1% White or FF Flavored Milk(19)	<b>WG Pizza Slice(31)</b> Baby Carrots w/ Ranch(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)
<b>7</b> 612:1572:106	<b>8</b> 480:809:67	<b>9</b> 618:863:96	<b>10</b> 743:747:74	<b>11</b> 516:1105:76
<b>BBQ Beef Rib Patty on WW Bun(35)</b> Potato Wedges(26) Diced Peaches(14) 1% White or FF Flavored Milk(19)	<b>"New" Texas Style Chicken Drumstick w/ WW Dinner Roll(22)</b> Baked Beans(39) Fresh Orange(19) 1% White or FF Flavored Milk(19)	<b>Beef &amp; Cheese Nachos w/ WG Corn Chips(35)</b> Mexican Salsa(6) Fresh Banana(23) 1% White or FF Flavored Milk(19)	<b>Asian Chicken w/ Brown Rice and WW Dinner Roll(56)</b> Stir Fry Vegetables (6) Diced Peaches(14) 1% White or FF Flavored Milk(19)	<b>WG Pizza Slice(31)</b> Romaine w/ Dressing(1) Fresh Apple(19) 1% White or FF Flavored Milk(19)
<b>14</b> 648:1240:94	<b>15</b> 679:1256:99	<b>16</b> 701:1627:84	<b>17</b> 577:740:95	<b>18</b> 503:1053:71
<b>No School</b>	<b>Popcorn Chicken w/ WG Goldfish Crackers(33)</b> Baked Beans(39) Fresh Apple(19) 1% White or FF Flavored Milk(19)	<b>Beef and Cheese Burrito with Beans on WW Tortilla (32)</b> Corn Obrien(24) Fresh Banana(23) 1% White or FF Flavored Milk(19)	<b>Chicken &amp; Rice Casserole(38)</b> Steamed Broccoli(6) Mango Chunks and Juice (25) 1% White or FF Flavored Milk(19)	<b>WG Pizza Slice(31)</b> Baby Carrots w/ Ranch(7) Diced Peaches(14) 1% White or FF Flavored Milk(19)
<b>21</b>	<b>22</b> 761:1146:110	<b>23</b> 584:818:98	<b>24</b> 585:796:88	<b>25</b> 497:1111:71
<b>Cheeseburger Meatloaf on WW Bun (32)</b> Baked Green Beans(6) Fresh Apple(19) 1% White or FF Flavored Milk(19)	<b>Chicken in Gravy w/ WW Dinner Roll(16)</b> Mashed Potato(22) Diced Peaches(14) 1% White or FF Flavored Milk(19)	<b>Walking Taco w/ WG Corn Chips(21)</b> Mexican Pinto Beans(27) Fresh Banana(23) 1% White or FF Flavored Milk(19)	<b>Macaroni &amp; Cheese with WG Dinner Roll (49)</b> Savory Carrots Coins(7) Diced Peaches(14) 1% White or FF Flavored Milk(19)	
<b>28</b> 520:806:76	<b>29</b> 484:1007:72	<b>30</b> 627:1064:91	<b>31</b> 578:1355:90	



**Thought for Thought**  
 My hopes are not always realized, but I always hope. - Ovid

**Tips & Information**

It's a well-documented fact that very first snowman was made in Eau Claire, Wisconsin on January 7, 1809 by Vernon Paul and his 9 year old daughter, Yetty Paul. According to Mr. Paul, he told his daughter that the snowman was intended to frighten away the Boxing Day elves (popular legend said Boxing Day elves reclaimed Christmas presents). Once the Paul family's neighbors saw the snowman, and Yetty explained to her friends how easy it was to make, children all over the town were making snowmen.

12/18/2018 3:26:27 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )  
 AvgCals:595 AvgSod(mg):1061 AvgCarbs(g):86  
 "or:" = An alternative selection to choose. "WG"=Whole Grain  
 1% White & Fat Free Chocolate Milk available daily.

**\*\*Menu Subject to Change\*\***  
 This institution is an equal opportunity provider.

