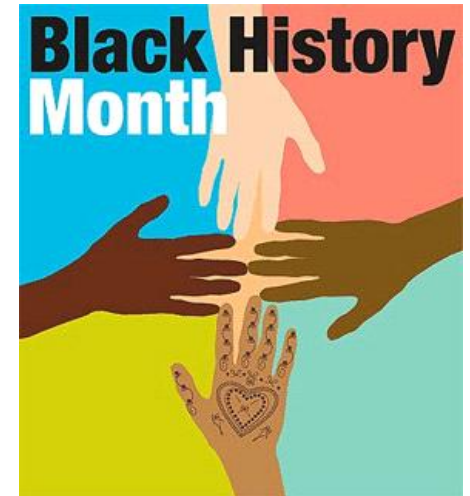




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|--|--|--|---|--|
| 627:1064:91 | 627:1064:91 | 627:1064:91 | 627:1064:91 | 627:1064:91 1 |
| WG Pizza Slice(31) Baby Carrots w/ Ranch(7) Diced Pears(14) 1% White or FF Flavored Milk(19) | Chicken Fries w/ BBQ Sauce and WG Goldfish(33) Baked Beans(39) Mango Chunks and Juice (25) 1% White or FF Flavored Milk(19) | Chicken Soft Taco on Wheat Tortilla with WG Spanish Dressing(64) Tossed Salad with Ranch(2) Fresh Banana(23) 1% White or FF Flavored Milk(19) | Cheeseburger Mac w/ WW Dinner Roll(38) Romaine w/ Dressing(1) Fresh Apple(19) 1% White or FF Flavored Milk(19) | Walking Taco w/ WG Corn Chips(21) Mexican Pinto Beans(27) Fresh Banana(23) 1% White or FF Flavored Milk(19) |
| 494:1105:71 4 | 755:1206:116 5 | 758:1269:106 6 | 833:1333:77 7 | 643:1070:92 8 |
| WG Pizza Slice(31) Fresh Broccoli & Ranch Dressing(4) Fresh Orange(19) 1% White or FF Flavored Milk(19) | Meat Loaf w/ WW Dinner Roll(25) Mashed Potato(22) Diced Peaches(14) 1% White or FF Flavored Milk(19) | Turkey Chorizo & Cheese Nachos with WG Corn Chips(36) Mexican Salsa(6) Fresh Banana(23) 1% White or FF Flavored Milk(19) | Meatballs & Gravy with WW Dinner Roll(22) Baked Green Beans(6) Fresh Apple(19) 1% White or FF Flavored Milk(19) | Chicken Fajita Sub on WG Bun(33) Baked Beans(39) Diced Pears(14) 1% White or FF Flavored Milk(19) |
| 517:1068:74 11 | 562:1415:80 12 | 681:1549:85 13 | 463:811:66 14 | 651:1353:105 15 |
| No School 18 | Texas Chili w/ Cornbread(41) Romaine w/ Dressing(1) Fruit mix(17) 1% White or FF Flavored Milk(19) | Chicken & Bean Burrito with WW Tortilla (36) Mexican Pinto Beans(27) Fresh Banana(23) 1% White or FF Flavored Milk(19) | Sweet & Sour Chicken over Brown Rice w/WW Dinner Roll(22) Stir Fry Vegetables (6) Fresh Apple(19) 1% White or FF Flavored Milk(19) | No School 22 |
| WG Pizza Slice(31) Fresh Broccoli & Ranch Dressing(4) Fresh Apple(19) 1% White or FF Flavored Milk(19) | Chicken Strips w/ WG Goldfish Crackers(31) Diced Potatoes(20) Diced Peaches(14) 1% White or FF Flavored Milk(19) | Beef Soft Taco on WW Tortilla w/ Spanish Brown Rice(63) Tossed Salad with Ranch(2) Fresh Banana(23) 1% White or FF Flavored Milk(19) | Chicken Penne w/ WG Dinner Roll(34) Savory Carrots Coins(7) Diced Pears(14) 1% White or FF Flavored Milk(19) | 627:1064:91 |
| 509:1068:74 25 | 585:859:84 26 | 786:1508:108 27 | 533:783:74 28 | |



Thought for Thought

We are all travellers in the wilderness of this world, and the best we can find in our travels is an honest friend. - Robert Louis Stevenson

Tips & Information

1/31/2019 12:04:39 PM
 Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:631 AvgSod(mg):1102 AvgCarbs(g):89
 "or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.
****Menu Subject to Change****
 This institution is an equal opportunity provider.

