



Monday	Tuesday	Wednesday	Thursday	Friday
		Dannon Nonfat Creamy Yogurt (14) Giant Cinnamon Goldfish(21) Fresh Apple(19) 1% White or FF Chocolate Milk(14)	Fruit Loops(24) Animal Grahams(20) Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)	WG Raspberry Bar (45) Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)
384:305:68	384:305:68	1 384:305:68	2 491:425:96	3 532:400:93
Lucky Charms(23) Animal Grahams(20) Craisins(28) Apple Juice(15) 1% White or FF Chocolate Milk(14)	Breakfast Nutrition Bar(38) Orange Juice(15) Diced Peach Cup 1% White or FF Chocolate Milk(14)	WG Bagel(30) Fresh Apple(19) 1% White or FF Chocolate Milk(14)	WG Banana Muffin(31) Mini Vanilla Wafers(19) Fresh Banana(23) Apple Juice(15) 1% White or FF Chocolate Milk(14)	WG Goody Bun (34) Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)
6 512:435:100	7 392:225:67	8 504:500:63	9 601:335:102	10 492:390:82
Cocoa Puff Cereal Bar (30) Animal Grahams(20) Craisins(28) Apple Juice(15) 1% White or FF Chocolate Milk(14)	Nutri-grain Bar(30) Mini Vanilla Wafers(19) Diced Pear Cup Orange Juice(15) 1% White or FF Chocolate Milk(14)	No Breakfast	WG Zucchini Bread Slice (43) Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)	WG Apple Roll (35) Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)
13 552:355:107	14 472:364:78	15	16 531:360:95	17 452:370:83
Trix Cereal(24) Animal Grahams(20) Craisins(28) Apple Juice(15) 1% White or FF Chocolate Milk(14)	Breakfast Nutrition Bar(40) Orange Juice(15) Mixed Fruit Cup 1% White or FF Chocolate Milk(14)	WG Bagel(30) Fresh Apple(19) 1% White or FF Chocolate Milk(14)	WG Banana Muffin(31) Mini Vanilla Wafers(19) Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)	No School
20 512:395:101	21 432:245:69	22 504:500:63	23 601:335:102	24
Happy Memorial Day! No School	Nutri-grain Bar(30) Mini Vanilla Wafers(19) Apple Juice(15) Diced Peach Cup 1% White or FF Chocolate Milk(14)	Dannon Nonfat Creamy Yogurt (14) Giant Cinnamon Goldfish(21) Fresh Apple(19) 1% White or FF Chocolate Milk(14)	WG Blueberry Bread Slice (43) Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)	WG Cinnabar (45) Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)
27	28 472:364:78	29 384:305:68	30 531:330:95	31 532:400:93



CELEBRATE

CINCO de MAYO

Thought for Thought

The only calendar I need is just outside my window. With eyes to see and ears to hear, nature keeps me posted. - Alfred A. Montapert

Tips & Information

4/18/2019 9:47:39 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()

AvgCals:484 AvgSod(mg):361 AvgCarbs(g):83

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

