## Cornerstone Health & Technology HS





## Thought for Thought

Dreams are renewable. No matter what our age or condition, there are still untapped possibilities within us and new beauty waiting to be born. - Dr. Dale Turner

## Tips & Information

It's a well-documented fact that very first snowman was made in Eau Claire, Wisconsin on January 7, 1809 by Vernon Paul and his 9 year old daughter, Yetty Paul. According to Mr. Paul, he told his daughter that the snowman was intended to frighten away the Boxing Day elves (popular legend said Boxing Day elves reclaimed Christmas presents). Once the Paul family's neighbors saw the snowman, and Yetty explained to her friends how easy it was to make, children all over the town were making snowmen.

12/12/2019 8:13:23 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )
AvgCals:464 AvgSod(mg):1215 AvgCarbs(g):)64

"or:" = An alternative selection to choose. "WG"=Whole Grain I% White & Fat Free Chocolate Milk available daily.



\*\*Menu Subject to Change\*\*