



Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School</p>	<p><b>Texas Style Chicken Drumstick w/ WW</b> Baked Beans(22) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p><b>All-American Hamburger on WW Bun(29)</b> Tossed Salad with Ranch(3) Strawberry,Pineapple,Grape,Peach Fruit Mix &amp; Fresh Juice (18) 1% White or FF Flavored Milk(19)</p>	<p><b>Chicken &amp; Rice Casserole(38)</b> Steamed Broccoli(2) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p><b>WG Pizza Slice(31)</b> Baby Carrots w/ Ranch(8) Fruit mix(17) 1% White or FF Flavored Milk(19)</p>
<p>2 No School</p>	<p>3 589:1061:82</p>	<p>4 794:1454:70</p>	<p>5 559:789:83</p>	<p>6 624:1365:75</p>
<p><b>Italian Meatball Sub on WG Bun(38)</b> Baked Green Beans(4) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p><b>Chicken Fries w/ BBQ Sauce and WG</b> Sweet Baby Peas(7) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p><b>Turkey Chorizo Taco w/ WG Flatbread(30)</b> Mexican Pinto Beans(19) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p><b>Grilled Chicken Salad w/ WW Pita(35)</b> Tossed Salad with Ranch(3) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p><b>WG Pizza Slice(31)</b> Baby Carrots w/ Ranch(8) Orange Juice(15) 1% White or FF Flavored Milk(19)</p>
<p>9 530:815:76</p>	<p>10 585:676:82</p>	<p>11 620:1162:88</p>	<p>12 856:1372:80</p>	<p>13 624:1355:73</p>
<p><b>BBQ Meatloaf Sandwich on WW Bun(37)</b> Seasoned Corn(17) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p><b>Classic Cheeseburger on WW Bun(29)</b> Baked Beans(22) Diced Strawberries and 100% Juice (19) 1% White or FF Flavored Milk(19)</p>	<p><b>Walking Taco w/ WG Corn Chips(21)</b> Romaine w/ Dressing(1) Pineapple Tidbits(17) 1% White or FF Flavored Milk(19)</p>	<p><b>Asian Chicken w/ Brown Rice and WW Dinner</b> Stir Fry Vegetables (6) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>No School</p>
<p>16 591:836:87</p>	<p>17 <b>St.Patrick's Day</b> 734:1493:91</p>	<p>18 565:889:59</p>	<p>19 616:736:104</p>	<p>20 No School</p>
<p><b>Popcorn Chicken w/ WG Crackers(33)</b> Baked Beans(22) Diced Pears(14) 1% White or FF Flavored Milk(19)</p>	<p><b>Chef Salad w/ WW Pita(36)</b> Tossed Salad with Ranch(3) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p><b>Chicken Soft Taco on WW Tortilla w/ WG</b> Romaine w/ Dressing(1) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p><b>Salisbury Steak w/ WG Dinner Roll(22)</b> Mashed Potato(15) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p><b>WG Pizza Slice(31)</b> Baby Carrots w/ Ranch(8) Orange Juice(15) 1% White or FF Flavored Milk(19)</p>
<p>23 657:951:88</p>	<p>24 845:1732:81</p>	<p>25 680:927:90</p>	<p>26 530:1158:79</p>	<p>27 624:1355:73</p>
<p><b>Baked Mostaccioli w/ WW Dinner Roll(39)</b> Romaine w/ Dressing(1) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p><b>Cheeseburger Mac w/ WW Dinner Roll(36)</b> Savory Carrots Coins(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>			
<p>30 744:753:74</p>	<p>31 620:1079:81</p>			



### Thought for Thought

A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world. - Oscar Wilde

### Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )  
AvgCals:649 AvgSod(mg):1097 AvgCarbs(g):80

"or." = An alternative selection to choose. "WG"=Whole Grain  
1% White & Fat Free Chocolate Milk available daily.



**\*\*Menu Subject to Change\*\***