



Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School</p>	<p>Texas Style Chicken Drumstick w/ WW Baked Beans(22) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>All-American Hamburger on WW Bun(29) Tossed Salad with Ranch(3) Strawberry,Pineapple,Grape,Peach Fruit Mix & Fresh Juice (18) 1% White or FF Flavored Milk(19)</p>	<p>Chicken & Rice Casserole(38) Steamed Broccoli(2) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>WG Pizza Slice(31) Baby Carrots w/ Ranch(8) Fruit mix(17) 1% White or FF Flavored Milk(19)</p>
2	3	4	5	6
<p>Italian Meatball Sub on WG Bun(38) Baked Green Beans(4) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>Chicken Fries w/ BBQ Sauce and WG Sweet Baby Peas(7) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>Turkey Chorizo Taco w/ WG Flatbread(30) Mexican Pinto Beans(19) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>Grilled Chicken Salad w/ WW Pita(35) Tossed Salad with Ranch(3) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>WG Pizza Slice(31) Baby Carrots w/ Ranch(8) Orange Juice(15) 1% White or FF Flavored Milk(19)</p>
9	10	11	12	13
<p>BBQ Meatloaf Sandwich on WW Bun(37) Seasoned Corn(17) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>Classic Cheeseburger on WW Bun(29) Baked Beans(22) Diced Strawberries and 100% Juice (19) 1% White or FF Flavored Milk(19)</p>	<p>Walking Taco w/ WG Corn Chips(21) Romaine w/ Dressing(1) Pineapple Tidbits(17) 1% White or FF Flavored Milk(19)</p>	<p>Asian Chicken w/ Brown Rice and WW Dinner Stir Fry Vegetables (6) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>WG Pizza Slice(31) Baby Carrots w/ Ranch(8) Fruit mix(17) 1% White or FF Flavored Milk(19)</p>
16	17	18	19	20
<p>Popcorn Chicken w/ WG Crackers(33) Baked Beans(22) Diced Pears(14) 1% White or FF Flavored Milk(19)</p>	<p>St.Patrick's Day Chef Salad w/ WW Pita(36) Tossed Salad with Ranch(3) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>Chicken Soft Taco on WW Tortilla w/ WG Romaine w/ Dressing(1) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>Salisbury Steak w/ WG Dinner Roll(22) Mashed Potato(15) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>WG Pizza Slice(31) Baby Carrots w/ Ranch(8) Orange Juice(15) 1% White or FF Flavored Milk(19)</p>
23	24	25	26	27
<p>Baked Mostaccioli w/ WW Dinner Roll(39) Romaine w/ Dressing(1) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>Cheeseburger Mac w/ WW Dinner Roll(36) Savory Carrots Coins(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>			
30	31			



Thought for Thought

A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world. - Oscar Wilde

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:648 AvgSod(mg):1110 AvgCarbs(g):80

"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****